Table Tennis Kids Summer Camp Theme:

Fast, Fun, and Focused

An energetic camp where kids learn the fundamentals of table tennis while building coordination, confidence, and sportsmanship.

Camp Content:

- 1. **Intro to Table Tennis** Basic rules, grip, stance, and table setup.
- 2. **Skill Building** Forehand, backhand, serving, and footwork drills.
- 3. Fun Games & Rallies Engaging activities to improve reflexes and control.
- 4. Mini Tournaments Friendly matches to apply skills and build team spirit.
- 5. Fitness & Focus Hand-eye coordination, balance, and reaction time games.
- 6. Wrap-Up & Awards Certificates, medals, and fun achievements.